

St. Columba's Episcopal Church

1251 Las Posas Road, Camarillo, California 93010

(805) 482-8831 www.stcolumbaca.com

The Rev. Dr. Michael P. Anderson, Rector

Brett Hanley, music director



The Third Sunday in Lent C
March 23, 2025, 9:30 a.m.

From our Rector:

Welcome! I am very grateful that you are here. We would love to get to know you better, so please take a moment to fill out the Visitor Sign-in Sheet in the back corner of the Narthex.

We have begun the sacred Season of Lent. The Season of Lent is not about self-punishment or earning God's love. We already have it. This time is an opportunity to grow more fully into that love, to more fully find our anchor in that love—which is eternal—instead of those things which are fleeting. We are a group of imperfect people who are striving to grow into the people that God wants us to be—both individually and in community. So, we invite you join us as we take steps toward the Kingdom of God.

As we prepare to worship together, I invite you to take a moment and center yourself on God's presence. Worshipping, learning, and giving together help us grow closer to who God created us to be, and you are part of that work. May God bless you today and every day. We hope to see you again very soon.

All the very best to you and your loved ones during this time,
Fr. Michael

Children:

For Sunday worship, students will start in the nave with the parish and then walk together to our new class space in the Children's Learning Center. They will join back at the peace to share in communion with their church family.

Be on watch for a family area with activities in the church for those who want to have their children with them during the service and need a little more space to stretch out.



THE WORD OF GOD

Prelude – “Rock of Ages, Cleft for Me” (T. Hastings) – Brett Hanley, organ

Welcome and Prayer – The Rev. Dr. Michael P. Anderson

Opening Hymn – # 411 – “O Bless the Lord, My Soul” – Verses 1-3



1. O bless the Lord, my soul! His grace to thee pro - claim!
2. O bless the Lord, my soul! His mer - cies bear in mind!
3. He will not al - ways chide; he will with pa - tience wait;



And all that is with - in me join to bless his ho - ly Name!
For - get not all his ben - e - fits! The Lord to thee is kind.
his wrath is ev - er slow to rise and rea - dy to a - bate.

Words: James Montgomery, 1771-1854; para. of Psalm 103:1-5.

Music: ST. THOMAS / WILLIAMS (SM), melody Aaron Williams, 1731-1776;
harm. Lowell Mason, 1792-1872.

The Penitential Order

P: Bless the Lord who forgives all our sins.

C: **His mercy endures forever.**

P: If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8, 9*

Let us confess our sins against God and our neighbor.

C: **Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

P: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

C: Amen.

The Kyrie

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy, have mer - cy.

Lord, have mer - cy, have mer - cy.

Music: *Deutsche Messe*, Franz Schubert, 1797-1828; adapt. Richard Proulx, b. 1937
Adapt. © 1985, 1989 GIA Publications, Inc. 7404 S. Mason Ave., Chicago, IL 60638. www.giamusic.com. 800.442.3358.
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Collect of the Day

P: The Lord be with you.

C: **And also with you.**

P: Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

C: **Amen.**

First Lesson – Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the LORD saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the LORD said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations."

L: The Word of the Lord.

C: **Thanks be to God.**

Psalm 63:1-8

- 1 O God, you are my God; eagerly I seek you; *
my soul thirsts for you, my flesh faints for you,
as in a barren and dry land where there is no water.
- 2 Therefore I have gazed upon you in your holy place, *
that I might behold your power and your glory.
- 3 For your loving-kindness is better than life itself; *
my lips shall give you praise.
- 4 So will I bless you as long as I live *
and lift up my hands in your Name.
- 5 My soul is content, as with marrow and fatness, *
and my mouth praises you with joyful lips,
- 6 When I remember you upon my bed, *
and meditate on you in the night watches.
- 7 For you have been my helper, *
and under the shadow of your wings I will rejoice.
- 8 My soul clings to you; *
your right hand holds me fast.

Second Lesson – 1 Corinthians 10:1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, “The people sat down to eat and drink, and they rose up to play.” We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

L: The Word of the Lord.

C: **Thanks be to God.**



Gradual Hymn – # 686 – “Come, Thou Fount of Every Blessing”

1. Come, thou fount of ev - 'ry bless - ing, tune my
 2. Here I find my great - est trea - sure; hith - er,
 3. Oh, to grace how great a debt - or dai - ly

heart to sing thy grace! Streams of mer - cy nev - er
 by thy help, I've come; and I hope, by thy good
 I'm con - strained to be! Let thy good - ness, like a

ceas - ing, call for songs of loud - est praise.
 plea - sure, safe - ly to ar - rive at home.
 fet - ter, bind my wan - d'ring heart to thee:

Teach me some me - lo - dious son - net, sung by
 Je - sus sought me when a stran - ger wan - d'ring
 prone to wan - der, Lord, I feel it, prone to

flam - ing tongues a - bove. Praise the mount! Oh, fix me
 from the fold of God; he, to res - cue me from
 leave the God I love; here's my heart, oh, take and

on it, mount of God's un - chang - ing love.
 dan - ger, in - ter - posed his pre - cious blood.
 seal it, seal it for thy courts a - bove.

Words: Robert Robinson, 1735-1790, alt.

Music: NETTLETON (87. 87. D), melody from *A Repository of Sacred Music, Part II*, 1813.

Gospel – Luke 13:1-9

P: The Holy Gospel of our Lord Jesus Christ, according to Luke.

C: Glory to you, Lord Christ.

There were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them, do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did." Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

P: The Gospel of the Lord.

C: Praise to you, Lord Christ.

Homily – The Rev. Dr. Michael P. Anderson

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of the People

LEM: Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy,
C: hear our prayer.

LEM: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy,
C: hear our prayer.

LEM: Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy,
C: hear our prayer.

LEM: Bless all whose lives are closely linked with ours and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy,
C: hear our prayer.

LEM: Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation, especially Patricia, Teri, Sara, Jenna, Carrie, Kim, Joan, Candice, Dana, Bruce, Chase, Betty, Susan, Millie, Justin, Jerry, Ann, Keli, Chris, Gail, Maggie, Eileen, Declan, John, Emily, Alison, Linda, Mary, Lisa, Ivan.

Silence

Lord, in your mercy,

C: hear our prayer.

LEM: We commend to your mercy all who have died that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy,

C: hear our prayer.

The Celebrant adds a concluding Collect.

P: Almighty and ever-loving God, you are more ready to hear us and forgive us than we are to come to you. Forgive us for the times we have sinned and failed you; strengthen us as we seek to serve you, that we may follow you in the ways of peace and love; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

C: Amen.

(Our Prayers are from the Book of Common Prayer, Form IV, and by David Adam, Glimpses of Glory: Prayers for the Church Year.)

The Peace

P: The peace of the Lord be always with you.

C: And also with you.

Announcements

Birthdays and Anniversaries

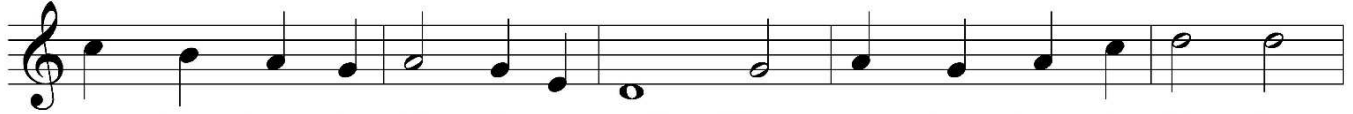
O God, our times are in your hand: Look with favor, we pray, on your *servants* as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

Offertory Anthem – “In the Garden” (C.A. Miles; arr. L. Larson)

Presentation Hymn – # 439 – “What Wondrous Love Is This”



1. What won - drous love is this, O my soul, O my soul! What
 2. To God and to the Lamb, I will sing, I will sing, to
 3. And when from death I'm free, I'll sing on, I'll sing on, and



won - drous love is this, O my soul! What won - drous love is this that
 God and to the Lamb, I will sing. To God and to the Lamb who
 when from death I'm free, I'll sing on. And when from death I'm free I'll



caused the Lord of bliss to lay a - side his crown for my
 is the great I AM, while mil - lions join the theme, I will
 sing and joy - ful be, and through e - ter - ni - ty I'll sing



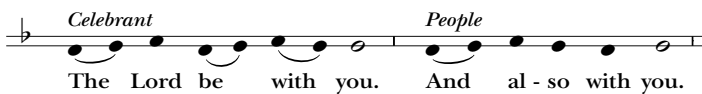
soul, for my soul, to lay a - side his crown for my soul.
 sing, I will sing, while mil - lions join the theme I will sing.
 on, I'll sing on, and through e - ter - ni - ty I'll sing on.

Words: American folk hymn, ca. 1835.

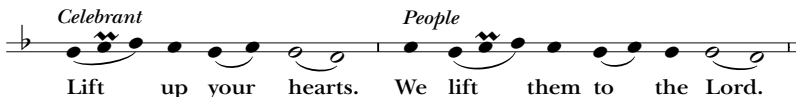
Music: WONDROUS LOVE (12 9. 12. 12 9), from *The Southern Harmony*, 1835.

THE GREAT THANKSGIVING

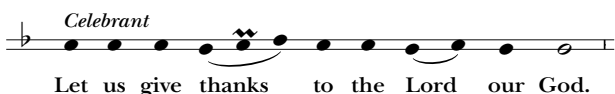
Eucharistic Prayer (Prayer A from *Book of Common Prayer*, p. 361)



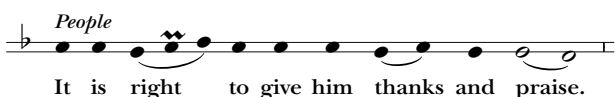
The Lord be with you. And al - so with you.



Lift up your hearts. We lift them to the Lord.



Let us give thanks to the Lord our God.



It is right to give him thanks and praise.

P: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

[Here a proper preface is sung or said.]

P: Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and
might. Ho - ly, ho - ly, ho - ly Lord,
God of pow'r and might. Hca - ven and earth are
full, full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the
high - est. Bless - ed is he who comes
in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est.

Music: *Deutsch Messe*, adapt. by Richard Proulx, © 1985, 1989, GIA Publications, Inc.

The people stand or kneel.

P: Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**C: Christ has died.
Christ is risen.
Christ will come again.**

P: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

C: Amen.

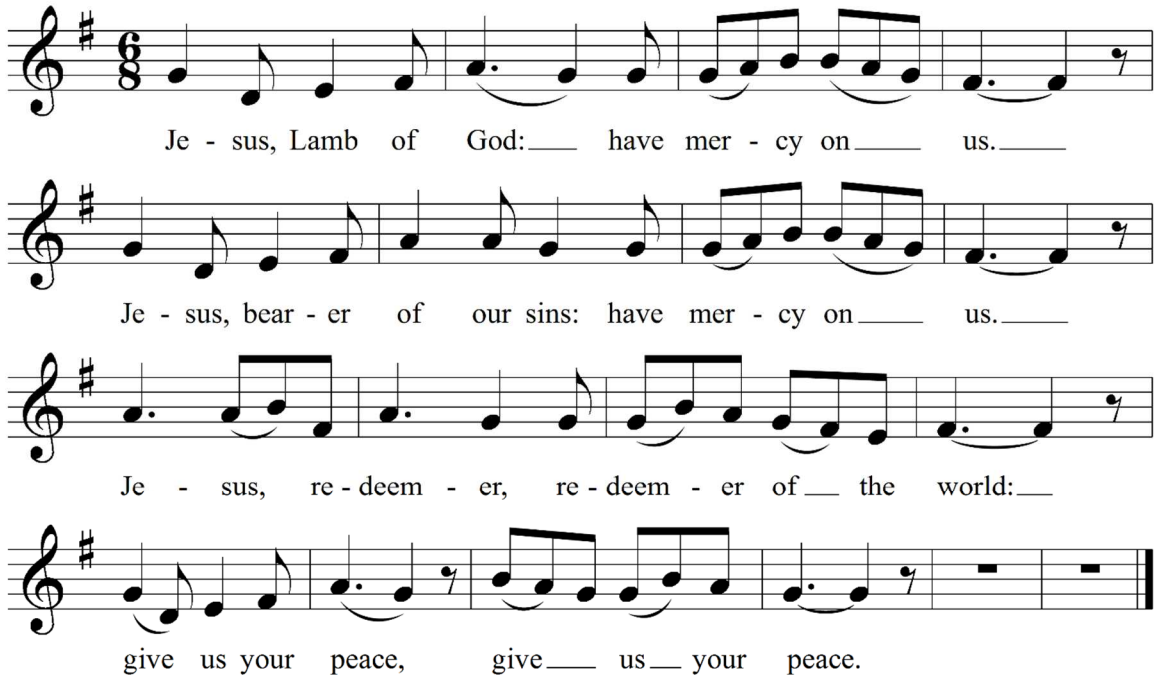
The Lord's Prayer

P: And now, as our Savior Christ has taught us, we are bold to say,

**C: Our Father,
who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.**

And lead us not into temptation,
 but deliver us from evil.
 or thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.

Fraction Anthem



Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

from *Deutsche Messe*, Franz Peter Schubert (1797-1828), arr. Richard Proulx.

The Invitation

P: The Gifts of God for the People of God.

All are invited to come forward to the two stations for Communion at the direction of the ushers. Receive the wine by drinking from the chalice as it is offered to you, or by retaining the wafer, and a Lay Eucharistic Minister will dip it in the wine and place it back in your hand. If you are not receiving, you may cross your arms over your chest and receive a blessing. If you are unable to physically come to the rail, please indicate to an usher that you would like to receive Communion at your seat.

Post-Communion Prayer

C: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Solemn Prayer over the People

P: Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord.

C: Amen.

Blessing

Closing Hymn – # 522 – “Glorious Things of Thee Are Spoken” – Verses 1, 2 & 4

1. Glo - rious things of thee are spo - ken, Zi - on,
2. See! the streams of liv - ing wa - ters, spring - ing
4. Blest in - hab - it - ants of Zi - on, washed in
ci - ty of our God; he whose word can - not be
from e - ter - nal love, well sup - ply thy sons and
the Re - deem - er's blood; Je - sus, whom their souls re -
bro - ken formed thee for his own a - bode; on the
daugh - ters and all fear of want re - move. Who can
ly on, makes them kings and priests to God. 'Tis his
Rock of A - ges found - ed, what can shake thy
faint, when such a riv - er ev - er will their
love his peo - ple rais - es o - ver self to
sure re - pose? With sal - va - tion's walls sur -
thirst as - suage? Grace which, like the Lord, the
reign as kings: and as priests, his sol - emn
round - ed, thou may'st smile at all thy foes.
giv - er, nev - er fails from age to age.
prais - es each for a thank - of - fring brings.

Words: John Newton, 1725-1807, alt.

Music: AUSTRIA (87. 87. D), Franz Joseph Haydn, 1732-1809).

Dismissal

P: Go in peace to love and serve the Lord.

C: **Thanks be to God.**

Postlude – “When Israel Was in Egypt’s Land” (spiritual) – Brett Hanley, organ

Weekly Offerings*

Mondays/Wednesdays, **Morning Prayer**, 9:00 a.m.

Wednesday *Lectio Divina*, 7:00 p.m.

Thursday **Mass**, 10:00 a.m.

*All are occurring in the Mary Chapel (side chapel in the sanctuary)

Thank You!

We're glad you joined us today! We pray that you will experience God's Love and Presence in this place. You are most welcome to join us in our coffee hour after the service.

Featured Announcements:

Directory Update—There is a copy of our current Church Directory on a table in the narthex. **Please check your information.** If it is correct, please put a checkmark next to your name. If there are corrections or additions, please print those neatly in the directory or email the office (office.manager@stcolumbaca.com) with the updates.

Fr. Michael is available to any who desire the **Rite of Reconciliation** (Confession). To arrange an appointment, please email (Michael.anderson@stcolumbaca.com) or call/text 626-228-8917.



and



Youth Group News—Calling all Middle School and High School Students!

Sunday, March 30 is this month's remaining Youth Group meeting. Meet in the parish hall at **11:30 a.m.-1:30 p.m.** for lunch, games, and Bible Study. Francina Anderson and Eleanor Tyas are leading this group and are excited about supporting the young people of the congregation. Email Francina for more info: francina.anderson@stcolumbaca.com.

The youth group is looking for help with the lunch fellowship component. They are in need of a main dish, drinks (preferably non caffeinated), and dessert. If you are able to cook or donate any portion of the meal, they would be so thankful. They would not turn down take-out either! March is covered but please see the sign-up in the narthex for the months of April and May.

Lenten *Lectio Divina*—All are welcome for *Lectio Divina* at **7:00 p.m.** on **Wednesdays in Lent** through April 9. *Lectio Divina* is a contemplative practice of scripture reading, reflection, and prayer in the Chapel.

CROP Walk Thank-You—Thanks to everyone for making the 42nd CROP Walk a great success. The goal for the Walk was \$25,000.00. Preliminary totals show that we surpassed our goal. Walkers and donors, **please turn in checks, made out to “CWS/CROP,” and cash to the office by today, March 23.** I will then deliver all funds to the treasurer. We need your generosity. Thanks again and blessings to all. Bev Pearson

Sunday, March 23, 2025: Join us for a Poetry Reading & Community Open Mic
Featuring

Jennifer Hyde Dracos-Tice
Kristine Rae Anderson
Jan Hanson

Elizabeth Iannaci
Susan M. Rum

11:30 a.m.-12:30 p.m. Reading
12:30-1:00 p.m. Open Mic (all are welcome!)
1:00-1:15 p.m. Book Signing Saint Columba's Episcopal Church

Women of Note at CUMC—Today, **Sunday, March 23**, at **2:00 p.m.**, all are invited to **Camarillo United Methodist Church** (291 Anacapa Dr., 93010) for a **Women of Note concert event**, in honor of Women's History Month, with musical performances, an art exhibition, and a spotlight on local female authors and businesswomen. Freewill offering to support CUMC's concert series.

Lunch Bunch—Lunch Bunch is on **Wednesday, March 26**, at **noon**. **Sign up** on the bulletin board in the narthex to attend this time of fellowship and food.

Celtic Christmas Faire Planning Meeting—The planning committee for the Celtic Christmas Faire will meet **next Sunday, March 30**, after worship, in the narthex. Questions, contact Carol Rocco.

Pub Theology Rescheduled—We were rained out of our March **Pub Theology** but it has been **rescheduled** for **Tuesday, April 1 (no fooling)**, at **7:00 p.m.** at **Institution Ale** (3841 Mission Oaks Blvd, Camarillo). All are welcome for a pint and discussion. (Institution is family-friendly and alcohol-free drinks are also available.)

Easter Flowers—Easter flower envelopes are in the pews. If you wish to donate toward flowers this Easter, please enclose payment and put the envelopes in the offering plate or bring them to the parish office by Sunday, April 13.

Prayer News—Our prayers matter as evidenced by this story: Declan is a young boy with cancer. He completed his one year of chemo treatment at Los Angeles Children’s Hospital at the end of last year and has started a one-year drug trial in the hopes of improving his 10% survival chances. The trial is being conducted in Salt Lake City, where Declan and his mother Trista must travel once a month for tests and evaluation. Recent scans show that the cancer has not returned.

Health Ministries - Parish Nurse Office Hours

St. Columba’s Health Ministry is delighted to announce that a Faith Community Nurse will be available for private meetings on most Tuesdays, from 11:00 a.m. to 4:00 p.m. in the church office. The Parish Nurse is able to offer:

- Blood pressure checks
- Health education and resources
- A compassionate ear and caring heart

An appointment is suggested—but feel welcome to drop by anytime during the above hours.

For those unable to visit the office, home visits can also be arranged.

Questions or Assistance?

Contact Teri Helton at 805.312.1631 or teri@terihelton.com.

Food Ministry Needs:

For our feeding ministry, we need the following items: **cereal, oatmeal, pasta sauce, pasta, canned soup, mac & cheese, canned tuna, canned chicken, fresh bread, toilet paper, paper towels, and Kleenex.** If you would like to donate any of these items, you can bring them on Sunday or drop them off at the parish hall during the week.

Alternatively, you can donate to our Food ministry fund, by indicating “Food Ministry” in the memo of your check. Your support is so appreciated by our food clients who truly need our help!

We need plastic grocery bags—please bring your bags in—we pack them with fresh produce for the families each distribution.

St. Columba’s Church Staff

Rector: The Rev. Dr. Michael P. Anderson

Director of Family Ministries: Francina Anderson

Music Director: Brett Hanley

Office Manager: Carol Browning

Vestry

Senior Warden: Lara Tyas

Junior Warden: Tim Brown

Treasurer: Gail Hill

Jeff Chung

Frances Cogswell

Michele Hauser

Maurice Hill

Lyle Hyde

Tom Ledsam

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brettwhanley@hotmail.com

office.manager@stcolumbaca.com

lara.b.tyas@gmail.com

tabrown235@gmail.com

IN OUR PRAYERS

We pray for

those with immediate needs:

Patricia Anderson, Teri Helton, Sara Cobb, Jenna, Carrie, Kim Oliver, Joan Brown, Candice, Dana Stone, Chase Thorne, Betty Aneer, Rev. Susan Klein, Millie Shutt, Justin Sandoval, Jerry Gillespie, Ann Daniel, Bruce Anderson, Keli, Chris Russell, Gail Morrissette, Maggie Lunsy, Eileen Ely, Declan, John Fredrick, Emily Bianco, Alison Hillbrant, Linda Lowe, Mary Vasi, Lisa, Ivan

and those who need our continuing prayers:

Richard Lappine

We pray for all those serving at home and abroad:

- **Jesse Meyer, Liam O'Brien, Matthew Bamberger, Matt Zelinkas, Jonah Hershman, and Chris Heney.**

To make changes to the prayer list for St. Columba's, please contact the church office (office.manager@stcolumbaca.com) or 805-482-8831.

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