## Lent and Holy Week - Labyrinth Walk

<u>Preparation</u> – At the beginning of Lent we tend to set our intentions to a period of prayer or service or fasting, or self denial or, or, or . . . But we often lose our focus somewhere in the 40 days, find that we haven't remained faithful to those intentions.

When we stand on the cusp of Holy Week, Lent is drawing to a close. How you will be faithful, not worrying about your Lenten intentions, but on this week-long journey to Jerusalem, being faithful to God and preparing for the betrayal, wonder, agony, sacrifice of Good Friday?

Need a thought or prayer for your walk?

I Cannot Do This Alone O God, early in the morning I cry to you. Help me to pray And to concentrate my thoughts on you. I cannot do this alone. In me there is darkness, But with you there is light; I am lonely, but you do not leave me; I am feeble in heart, but with you there is help; I am restless, but with you there is peace. In me there is bitterness, but with you there is patience; I do not understand your ways, But you know the way for me . . . Restore me to liberty, And enable me to live now That I may answer before you before men. Lord whatever this day may bring, You name be praised. Amen Dietrich Bonhoffer

## St. Patrick's Breastplate

Christ be with me, Christ within me, Christ behind me, Christ before me, Christ beside me, Christ to win me, Christ to comfort and restore me, Christ beneath me, Christ above me, Christ in quiet, Christ in danger, Christ in hearts of all that love me, Christ in mouth of friend and stranger.

Our steps are slow, Our breathing ragged, Our burdens heavy. This walk to the cross, It is not easy, Yet Christ walked it for us. For the joy That was set before him, He despised the shame, He bore our blame, And share our pain, Now let us build on the rock, That is Christ. Let us walk the way of the cross together, Moving forward without fear, Into God's eternal purposes. For Christ himself is with us, Every step of the way. Let us trust in God alone, And find the joy that Christ did, Obedience to our loving God.

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My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think that I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road, though I may know nothing about it. Therefore will I trust you always, though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone.

Thomas Merton

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